

## Autumn Term 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>	Lasagne, Garlic Bread, Farm Vegetables  Mousse and Fruit	Fish and Mash, Baked Beans <i>*Dysphagia alternative – Fish Fillet</i>  Peach Cobbler and Custard	Roast Turkey, Mash, Broccoli, Carrots and Gravy  Fruit Sponge and Custard	Beef Chilli, Jacket Potatoes and Vegetables  Fruit Jelly and Cream <i>*Dysphagia alternative - sponge</i>	Pizza and Chips and Spaghetti Hoops <i>* Omelettes</i>  Carrot Cake and Custard
<b>Week Two</b>	BBQ Chicken, Mash and Broccoli  Shortbread and Custard <i>*Dysphagia alternative - Fruit</i>	Cheese and Broccoli Quiche with Mash <i>*Dysphagia alternative – Crustless Quiche</i>  Brownies and Cream	Tuna Pasta Bake and Carrots  Mousse and Fruit	Beef Pie, Mash and Vegetables  Jam Fruit Sponge and Custard	Sausages, Chips and Spaghetti Hoops  Banana Muffin and Cream
<b>Week Three</b>	Salmon and Broccoli Bake with Vegetables  Cheesecake and Cream	Meatballs, Mash and Vegetables  Fruit Sponge and Custard	Roast Chicken, Mash, Swede and Gravy  Fruit Crumble and Custard	Jacket Potatoes, Cheese and Beans <i>*Dysphagia alternative – hoops</i>  Chocolate Sponge and Cream	Chicken Curry, Chips and Broccoli  Baked Apples and Ice Cream <i>*Dysphagia alternative - yoghurt</i>

Week 1 w/c 6 Sept, 25 Sept, 16 Oct, 13 Nov, 4 Dec

Week 2 w/c 11 Sept, 2 Oct, 23 Oct, 20 Nov, 11 Dec

Week 3 w/c 18 Sept, 9 Oct, 6 Nov, 27 Nov, 18 Dec