

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Lasagne, Vegetables and Bread	Cottage Pie and Vegetables	Roast Chicken Lunch	Jacket Potato, Cheese and Spaghetti Hoops	Fish, Chips, and Beans Fish with No Crumbs and Spaghetti Hoops
	Mousse	Iced Sponge and Custard	Scones	Shortbread and Custard	Marble Sponge and Custard
Week Two	Salmon Fishcakes and Mash Fish with No Crumbs	Pasta Bake	Beef Pie, Vegetables and Mash (minced beef alternative)	Jacket Potato, Chilli and Vegetables	Chicken Nuggets, Chips and Spaghetti Hoops Chicken in Sauce
	Jam Sponge and Custard	Butterscotch Tart and Cream Butterscotch and Cream	Lemon Mousse	Muffins and Cream	Chocolate and Peach Sponge and Custard
Week Three	Fish, Mash and Mushy Peas Fishcakes with No Crumbs	Sausage, Mash and Vegetables Sausage with no skin	Meatballs Pasta Bake (minced beef alternative)	Jacket Potato, Katsu Chicken Curry	Pizza, Chips, and Beans Omelette and Hoops
	Carrot Cake and Cream	Rice Pudding and Jam Mousse Pudding	Peach Cobbler and Custard	Cheesecake and Cream	Ice Cream
Dysphagia Alternatives					

Week 1: 5 Jan / 26 Jan / 23 Feb / 16 Mar

Week 2: 12 Jan / 2 Feb / 2 Mar / 23 Mar

Week 3: 19 Jan / 9 Feb / 9 Mar