



Chadsgrove Curriculum Long Term Planning: Personal, Social, Health and Citizenship Education, Positive Mental Health and Relationships and Sex Education (PHSCE)

Curriculum Intent

At Chadsgrove School, our aims in teaching PSHCE, PMH and RSE include the following:

Key Stage 1 and 2:

- For our pupils to learn about themselves as developing individuals and as members of their communities
- To build upon on their own experiences and on the early learning goals for personal, social and emotional development
- To learn the basic rules and skills for keeping themselves healthy and safe and for behaving well
- To have opportunities to show they can take some responsibility for themselves and their environment
- To begin to learn about their own and other people's feelings and become aware of the views, needs and rights of other children and older people
- As members of a class and school community, to learn social skills such as how to share, take turns, play, help others, resolve simple arguments and resist bullying
- To begin to take an active part in the life of their school and its community

Key Stage 3 and 4:

- To learn about themselves as growing and changing individuals with their own experiences and ideas, and as members of their communities
- To become more mature, independent and self-confident
- To learn about the wider world and the interdependence of communities within it
- To begin to understand that their own choices and behaviour can affect social institutions
- To learn how to take part more fully in school and community activities
- As they begin to develop into young adults, to learn how to face the changes of puberty and transfer to their next setting with support and encouragement from their school
- To learn how to make more confident and informed choices about their health and environment
- To take more responsibility, individually and as a group, for their own learning; and to resist bullying

Curriculum Implementation

The following three core themes should be covered over each academic year to ensure appropriate breadth and balance within the curriculum:

Key Stage 1 and 2:

- Physical health and mental wellbeing
- Relationships and Health Education (Primary)
- Living in The wider world

Key Stage 3 and 4 :

- Physical health and mental wellbeing
- Relationships and Sex and Health Education (Secondary)
- Living in the wider world

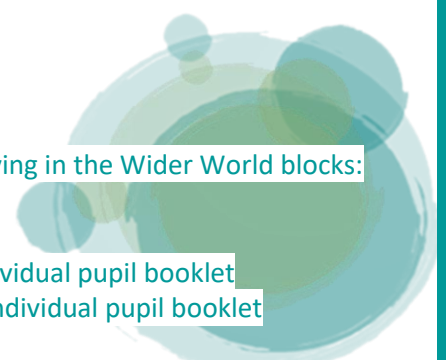
Key Stage 3 and Key Stage 4 will also need to complete the following during the Living in the Wider World blocks:

Key Stage 3:

Year 8 "I explore" individual pupil booklet
Year 9 " I focus" individual pupil booklet

Key Stage 4:

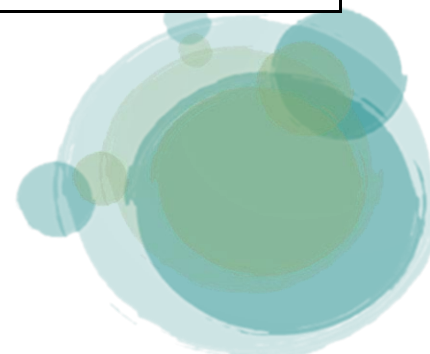
Year 10 "I plan" individual pupil booklet
Year 11 "I decide" individual pupil booklet



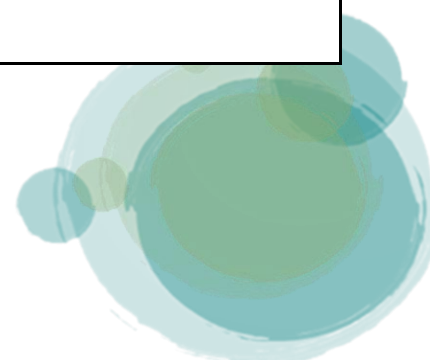
5LS	<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
2024-5	Wonderful World	Perfect Plants	Journeys
	<u>Physical Health and Mental Wellbeing</u> Mental Well-being - <i>Equals Units 1.1a Knowing myself</i> Physical Health & Fitness - <i>Equals unit 1.3b Food/exercise 'Healthy Choices'</i> <i>PSHE Association: HL1 and 2</i>	<u>Relationships</u> Families and people who care for me – <i>Equals unit 1.4b The people around me</i> <i>PSHE Association:SA4,SA5,CG4</i> Respectful Relationships – <i>Equals unit 1.2a Belonging to groups</i>	<u>Living in The Wider World</u> Different Groups and communities – <i>Equals unit 1.1b Being aware in the community</i> <i>PSHE Association: CG4.SA5, WIL 15</i> Money - <i>Understanding where money comes from, parental/guardian jobs and people who help us</i> <i>PSHE Association:WIL15,WIL16,WIL12</i>
2025-6	People and Places	Amazing animals	Out at Sea
	<u>Physical Health and Mental Wellbeing</u> Health & Prevention – <i>Equals unit 1.3a Ourselves</i> <i>PSHE Association: HL2</i> Healthy Eating – Exploring and sorting foods <i>PSHE Association:H1</i>	<u>Relationships and Health Education</u> Caring Friendships – <i>Equals unit 1.4a Caring</i> <i>PSHE Association:SA4.SA5.SSS3</i> Being Safe – <i>Equals unit 1.5b</i> Personal responsibility	<u>Living in The Wider World</u> Respecting yourself and others – <i>Equals unit 1.5a Making personal choices</i> <i>PSHE AssociationLWIL11</i> Respecting and protecting the environment – <i>Equals unit 1.2b Looking after our environment</i> <i>PSHE Association WIL14</i>

Term	<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
6LS	New Adventures	Space and Solar System	Fantasy and Magical Worlds
2024-25	<u>Physical Health and Mental Wellbeing</u> Harm and Internet safety – <i>Equals unit 2.1b Choosing</i> <i>PSHE Association:SSS4,SSS5</i> Basic first aid – <i>Equals unit 2.5c Safety in the community</i> <i>PSHE Association: SSS2</i>	<u>Relationships and Health Education</u> Families and people who care for me – <i>Equals unit 2.4b My family</i> <i>PSHE Association: SA4,SA5CG4</i> Respectful Relationships – <i>Equals unit 2.4c Playing and learning together</i> <i>PSHE Association :SA3 MF2</i>	<u>Living in The Wider World</u> Rights and responsibilities – <i>Equals unit 2.1d Taking responsibility towards others</i> <i>PSHE Association:WIL15</i> Being a respectful, productive member of a group – <i>My school</i> <i>PSHE Association ;WIL15</i>

2025-6	<p>Marvellous Me</p> <p><u>Physical Health and Mental Wellbeing</u> Mental Well-being – <i>Equals unit 2.1a Being aware of my ability</i> PSHE Association:SA1 Physical Health & Fitness – <i>Equals unit 2.3b Healthy Exercise</i> PSHE Association:HL2</p>	<p>Rise of the Robots</p> <p><u>Relationships and Health Education</u> Caring Friendships – <i>Equals unit 2.4a Friends</i> PSHE Association:SA4, Being Safe – <i>Equals unit 2.3c Keeping Safe</i> PSHE Association:SSS2</p>	<p>Water</p> <p><u>Living in The Wider World</u> Rights and responsibilities – <i>Equals unit 2.1d Taking responsibility towards others</i> PSHE Association:WIL11 Being a respectful, productive member of a group – <i>My school</i> PSHE Association;WIL15</p>
2026-7	<p>Our Environment Traditional Tales</p> <p><u>Physical Health and Mental Wellbeing</u> Changing adolescent body – <i>Equals Unit 2.3d Growing and changing</i> PSHSE Association:CG1,CG2 Healthy Eating – <i>Developing an understanding of healthy and unhealthy foods</i> PSHE Association:HL1</p>	<p>Jungle Beat</p> <p><u>Relationships and Health Education</u> Families and people who care for me – <i>Equals unit 2.5d Respecting privacy.</i> Private body parts PSHE Association: CG2 Respectful Relationships – <i>Equals unit 2.4d – Special days. Relationships, love and care</i> PSHE Association:CG4</p>	<p>Around the World</p> <p><u>Living in The Wider World</u> Being a respectful, productive member of a group – <i>Enterprise</i> PSHE Association:WIL15 Money – <i>Equals units 2.2d Valuing Money</i> PSHE Association:WIL16</p>
2027-8	<p>Our Bodies and Minds</p> <p><u>Physical Health and Mental Wellbeing</u> Drugs, alcohol and tobacco - <i>Equals unit 2.3a Medicine and drugs</i> PSHE Association:HL3 Changing adolescent body – <i>Equals unit 2.5a Knowing how I am changing. Puberty and changes.</i> PSHE Association:CG2</p>	<p>Clever Construction</p> <p><u>Relationships and Health Education</u> Being safe – <i>Equals unit 2.5b Rights and choices.</i> Recognising risk and protecting their bodies. PSHE Association:CG3 Caring friendships – <i>Coping with healthy and unhealthy relationships. Resolving conflict.</i> PSHE Association:SA5</p>	<p>Pirates</p> <p><u>Living in The Wider World</u> Respecting and protecting the environment – <i>Equals unit 2.2a Recycling</i> PHSE Association:WIL14 Rights and responsibilities – <i>Equals unit 2.2b Rules</i> PHSE Association:WIL13</p>

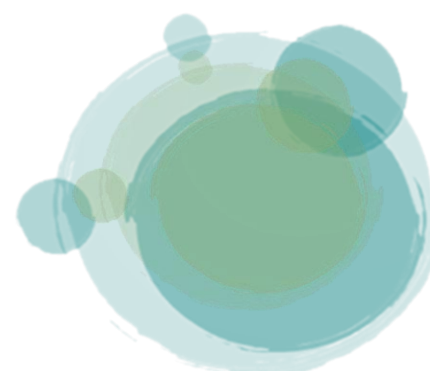


Term	Autumn	Spring	Summer
8LS 2024-25	<p>New Adventures</p> <p><u>Physical Health and Mental Wellbeing</u> Drugs, alcohol and tobacco - <i>Equals unit 2.3a Medicine and drugs</i> <i>PSHE Association:HL3</i> Changing adolescent body – <i>Equals unit 2.5a Knowing how I am changing. Puberty and changes.</i> <i>PSHE Association:CG2</i></p>	<p>Space and Solar System</p> <p><u>Relationships and Health Education</u> Being safe – <i>Equals unit 2.5b Rights and choices.</i> <i>Recognising risk and protecting their bodies.</i> <i>PSHE Association:CG3</i> Caring Friendships and online relationships – <i>Exploring the different friendships and types of communication.</i> <i>PSHE Association:CG4,SSS4</i></p>	<p>Fantasy and Magical worlds</p> <p><u>Living in The Wider World</u> Respecting and protecting the environment – <i>Equals unit 2.2a Recycling</i> <i>PHSE Association:WIL14</i> Rights and responsibilities – <i>Equals unit 2.2b Rules</i> <i>PSHE Association:WIL13</i></p>
2025-6	<p>Marvellous Me</p> <p><u>Physical Health and Mental Wellbeing</u> Harm and Internet safety – <i>Equals unit 2.1b Choosing</i> <i>PSHE Association: SSS4</i> Basic first aid – <i>Equals unit 2.5c Safety in the community</i> <i>PSHE Association: SSS2</i></p>	<p>Rise of the Robots</p> <p><u>Relationships and Health Education</u> Families and people who care for me – <i>Equals unit 2.4b My family</i> <i>PSHE Association::SA4,SA5CG4</i> Respectful Relationships – <i>Equals unit 2.4c Playing and learning together</i> <i>PSHE Association:.,SA3</i></p>	<p>Water</p> <p><u>Living in The Wider World</u> Rights and responsibilities – <i>Equals unit 2.1d Taking responsibility towards others</i> <i>PSHE Association :WIL15</i> Being a respectful, productive member of a group – My school <i>PSHE Association:WIL15</i></p>
2026-7	<p>Our Environment</p> <p><u>Physical Health and Mental Wellbeing</u> Mental Well-being – <i>Equals unit 2.1a Being aware of my ability</i> <i>PSHE Association:SA1</i> Physical Health & Fitness – <i>Equals unit 2.3b Healthy Exercise</i> <i>PSHE Association:HL2</i></p>	<p>Traditional Tales</p> <p><u>Jungle Beat</u></p> <p><u>Relationships and Health Education</u> Caring Friendships – <i>Equals unit 2.4a Friends</i> <i>PSHE Association:SA3,SA5</i> Being Safe – <i>Equals unit 2.3c Keeping Safe</i> <i>PSHE Association: SSS2, SSS4</i></p>	<p>Around the World</p> <p><u>Living in The Wider World</u> Different Groups and communities – <i>Equals unit 2.2c Topical Issues</i> <i>PSHE Association:WIL11, WIL15</i> Money – <i>Equals unit 2.1c Communities</i> <i>PSE Association:WIL16</i></p>

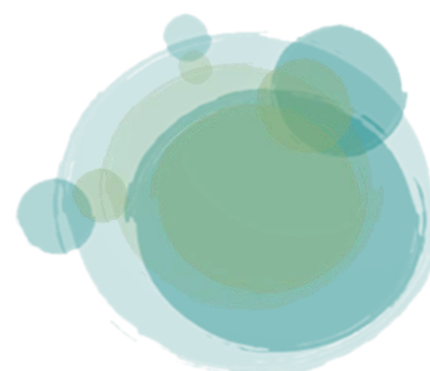


2027-8	<u>Our Bodies and Minds</u>	<u>Clever Construction</u>	<u>Pirates</u>
	<u>Physical Health and Mental Wellbeing</u> Changing adolescent body – Equals Unit 2.3d Growing and changing PSHE Association:CG1, CG2, CG3, CG4 Healthy Eating – Developing an understanding of the healthy eat well plate PSHE Association:HL1	<u>Relationships and Health Education</u> Families and people who care for me – <i>Equals unit 2.5d Respecting privacy. Private body parts.</i> PSHE Association:SSS5 Respectful Relationships – <i>Equals unit 2.4d – Special days. Relationships, love and care</i> PSHE Association:MF1, MF2	<u>Living in The Wider World</u> Being a respectful, productive member of a group – Enterprise PSHE Association:WIL15, Money – <i>Equals units 2.2d Valuing Money</i> PSHE Association:WIL16

Term	Autumn	Spring	Summer
9US 2024-5	How Things Move and Work (Digital photography)	Mysteries/Time Travel (Change)	Rivers and Coasts (Water)
	<u>Physical Health and Mental Wellbeing</u> Health and prevention and basic first aid – <i>Equals unit 3.1b Risk Assessment</i> PSHE Association:HL1 Internet safety and harms – <i>Equals unit 3.5e Personal sensitivity</i> PSHE Association:HL5	<u>Relationships and Health Education</u> Intimate Relationships- <i>Equals unit 3.5b Awareness and coping</i> PSHE Association: MF2, MF3 Sexual relationships including sexual health – <i>Equals unit 3.5c being myself.</i> PSHE Association:CG4	<u>Living in the Wider World</u> Economic and business environments. Rights and responsibilities as consumers – <i>Equals unit 3.2d Helping others</i> Living Safely in a 'connected' world – <i>Equals unit 3.1f Feelings</i> PSHE Association:WIL11



2025-2026	<u>Africa (People)</u>	<u>Our Community / Britain (People & Recycling)</u>	<u>Celebrations / Food & Drink</u>
	<u>Physical Health and Mental Wellbeing</u> Mental Wellbeing – <i>Equals unit 3.1a Recognising my needs</i> <i>PSHE Association:SA1</i> Physical Health and fitness – <i>Equals unit 3.3a Health and exercise</i> <i>PSHE Association:HL3</i>	<u>Relationships and Health Education</u> Families – <i>Equals unit 3.4a Changing relationships. Human reproduction and pregnancy.</i> <i>PSHE Association:CG4,CG5</i> Respectful relationships including friendships – <i>Equals unit 3.4c Respecting others</i> <i>PSHE Association: CG2</i>	<u>Living in the Wider World</u> Rights and responsibilities as members of diverse communities, as active citizens and participants in the local community – <i>Equals Unit 3.1d Communities and cultures</i> <i>PSHE Association:WIL11</i> Develop employability, team work and leadership skills, developing flexibility and resilience – <i>Equals unit 3.2a Everyday choices</i> <i>PSHE Association:WIL14</i>
2026-2027	<u>Victorian Britain</u>	<u>The Human Body (Life Cycles of Animals & Plants)</u>	<u>Asia (The seasons/Weather)</u>
	<u>Physical Health and Mental Wellbeing</u> Changing adolescent body and Personal Hygiene – <i>Equals unit 3.5a My Changing body. Equals unit 3.3e Personal Hygiene</i> <i>PSHE Association:HL1</i> Healthy Eating – <i>Equals unit 3.3c Health Lifestyles</i> <i>PHSE Association:HL4</i>	<u>Relationships and Health Education</u> Being Safe – <i>Equals unit 3.4e Peer Pressure. Masturbation.</i> <i>PSHE AssociationSA4, CG1</i> Online and Media – <i>Equals unit 3.1c Media and advertising</i> <i>PHSE Association:SSS4</i>	<u>Living in the Wider World</u> Making informed choices and being enterprising and ambitious – <i>Equals unit 3.2b Earning and spending</i> Budgeting, salaries and bank accounts and how financial choices affect yourself and others – <i>Equals unit 3.1e Money and environment</i> <i>PSHE Association: WIL11,WIL15</i>



Term	<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
11US and 12US 2024-25	<p><u>Physical Health and Mental Wellbeing</u> Mental Wellbeing – <i>Equals unit 4.4f Crisis and response PSHE</i> <i>Association:SA4,SSS2,SSS5</i> Physical Health and fitness – <i>Equals unit 3.3f Exercise of fun</i> <i>PSHE Association HL3</i></p>	<p><u>Relationships and Health Education</u> Intimate Relationships – <i>Equals unit 4.4e</i> <i>Communicating about feelings and relationships</i> <i>PSHE Association: MF1,2,3</i> Sexual relationships including sexual health – <i>Equals unit 4.3a Safe relationships and lifestyle</i> <i>PHSE Association: CG4,</i></p>	<p><u>Living in the Wider World</u> Develop employability, team work and leadership skills, developing flexibility and resilience – <i>Equals unit 3.4b Self evaluation</i> <i>PSHE</i> <i>Association:WIL14,WIL15</i> Rights and responsibilities– <i>Equals unit 4.1d Rights in the community</i> <i>PSHE Association:WIL11</i></p>
2025-2026	<p><u>Physical Health and Mental Wellbeing</u> Physical Health – <i>Equals unit 3.3b Leisure Awareness</i> <i>PHSE Association:HL3</i> Mental Health and prevention and basic first aid – <i>Equals unit 3.4d Lifestyle</i> <i>PHSE Association:SSS1,SSS3</i></p>	<p><u>Relationships and Health Education</u> Being Safe – <i>Equals unit 4.5b Teenage pregnancy.</i> <i>Responsibilities of parenthood.</i> <i>PSHEAssociation:CG4</i> <i>Online and Media – Equals unit 4.4a Stereotypes.</i> <i>Explicit images, pornography and the law.</i> <i>PHSE Association:SSS4</i></p>	<p><u>Living in the Wider World</u> Making informed choices and being enterprising and ambitious – <i>Equals unit 4.1f Taking responsibility for employment</i> <i>PSHEAssociation:L1WIL14</i> Budgeting, salaries and bank accounts and how financial choices affect yourself and others – <i>Equals unit 4.1e Co-operating</i> <i>PHSE Association:WIL15</i></p>

Curriculum Impact

Opportunities for Assessment for Learning are built into provision:

- Baseline assessments are used to ensure new learning is relevant and progress can be made
- Pupils are provided with opportunities to reflect on and assess their learning and recognise its relevance to their day to day lives
- Progress in PSHCE education is recorded and reported to parents in line with all other non-core curriculum subjects
- Questionnaires, discussions and teacher and TA assessments all form part of the assessment process
- Pupils are given the opportunity to engage in self-assessment and evaluations
- Teacher evaluations take place at the end of units

