

November 2020
Festival of the Month

**Birthday of Guru
Nanak**



Social:

How do people celebrate the birthday of Guru Nanak?

[Celebrations](#)

Crafts: Design your own Taj Majal:

[Taj Majal Art](#)

Sensory spice activities: [Sensory Spice](#)

The colour saffron/orange is important. Some 'orange' themed sensory activities: [Orange fine motor](#) [Orange Sensory](#)

Cultural:

Why do people celebrate the birthday of Guru Nanak?

[Guru Nanak](#)

People celebrate with lots of Indian food including Roti's. Make your own: [Roti Recipe](#). They also celebrate by sharing tips of tying turbans: [How to tie a turban](#)

Moral:

Guru Nanak's main teaching is that everyone is equal, regardless of our differences. Why is it good that we are all different? What makes you special?
(see additional resources folder)

Spiritual:

This is a Sikh festival.
Explore the 'Sikh artefacts' box in the RE resource cupboard.
Find out more about what Sikhs believe:

<https://www.youtube.com/watch?v=qXhV3dMxSzE>