



Magic Porridge

Edible Sensory Recipe

You will need:

Porridge oats
Large bag of marshmallows
Coconut oil
Icing sugar
Microwave-proof bowl
Large wooden spoons
Small saucepan

Method

1. Melt the marshmallows slowly in the microwave.
2. Add 2 tablespoons of oil and mix.
3. When completely melted, stir in 2 large handfuls of oats.
4. Mix thoroughly.
5. Add a cup of icing sugar to reduce the stickiness.
6. Add more oats if needed to create a porridge-like texture.
7. Continue to mix and stir until the mixture is not sticky any longer.
8. Take the mixture out of the bowl to knead and stretch. It will become the consistency of a stretchy, expanding slime.
9. Once the mixture is no longer sticky, add to the small saucepan in the working area.
10. Allow the children to explore the expanding textured mixture!

Cook Little Pot, Cook!

*Please note that although this recipe is safe for children to taste and explore with their mouths, it is not intended for them to eat in large quantities.

*This recipe is intended to be used as soon as it has been made and not to be stored for future use.



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