**SLD/PMLD Home Engagement**



Special Needs Early Years’ Service

S.N.E.Y.s

 



 **Childs choice**. Find one of each colour and let them choose which colour. That colour will be the exercise they do that day.

**Yellow DAY- Messy Day**

**Tracking Activity**- Mirror play- using a large safety mirror add things onto mirror for them to touch. Or Intensive interaction. (you copy their movements, facial expressions and sounds)

Physical Activity- Sensory Walk-Go Outside and explore through the 5 senses. Inside, can be done around rooms, feeling different materials, smell what is in your food cupboards.

Sensory Activity-Cooked spaghetti play, coloured spaghetti. Hide toys/objects in it.

**Green day- Musical day**

**Tracking Activity-**Attach balloons using ribbon to feet and arms, encouraging reactive movement of limbs.

**Physical Activity-**Encourage touch through favourite song for example- heads, shoulder, knees and toes. Child has a go/adult does it on child.

**Sensory Activity**- Dough Disco!<https://www.youtube.com/watch?v=3K-CQrjI0uY>

**Red Day- Creative Day**

**Tracking Activity-** Attaching bright coloured ribbon to wooden spoon, encouraging child to follow with eye gaze.

**Physical Activity-**TAC PAC music session <https://www.youtube.com/watch?v=6xBhMd20vyE>

**Sensory Activity-**Painting hands, feet or whole body paint experience. Use different temperature and texturedPaint

**Blue Day – Nature Day**

**Tracking Activity**- Using light, such as torches for your child to follow and track around a dark room.

**Physical Activity-** Rolling and reaching activities- using favourite toys or objects.

**Sensory Activity**-Nature bags filled with objects out the garden- teamed with a nature walk.

**KEY Information**

 These activities are obviously dependant on child’s ability and with guidance from other professionals involved.

In Accordance with any recommendations that professionals have made for your child.

**Daily Activity- SENSE-ATIONAL Song/story.**

This can be done daily With most children’s books/songs. The hungry caterpillar/ we are going on bear hunt/ Incy Wincy spider/ wheels on the bus.

**Key points**

* Have something for all five senses out. (smell, touch, taste, sight, hear)
* Sing song or read book but there is no rush, let the child take the lead with their senses.
* Let them explore
* Have Fun.

**Orange Day- Sensory Day**

**Tracking activity-**Using disco balls and movement of changing lights/Dark tents if you have one. (if not you could create a den with a sheet)

**Physical Activity**- Use different items to create sound. For example, wooden spoon on a sauce pan/tray/plastic bowl.

**Sensory Activity**- Sensory pockets using plastic wallets/cling film/sandwich bags. Fill with foam, paint, glitter.