

# July 2021

## Festival of the Month

### Cultural

Why do people celebrate Eid?

<https://www.bbc.co.uk/bitesize/topics/zpdtbsbk/articles/zhjff4ji>

What is Hajj and why is it important?

<https://www.bbc.co.uk/programmes/p02mwko>

Some people eat lamb to represent the sacrifice.

Sheep art and craft:

<https://www.pinterest.co.uk/pin/24418022959482393/>

Sensory sheep:

<https://www.pinterest.co.uk/pin/351140102201914194/>

Cake recipe 'sheep' themed:

<https://recipes.sainsburys.co.uk/recipes/baking/cupcake-sheep>

### Social

How do people celebrate Eid Ul-Adha?

<https://www.youtube.com/watch?v=EjkgX6i5PBM>

During this festival, people eat mainly savoury foods. Popular dishes include biryani:

<https://www.bbcgoodfood.com/recipes/chicken-biryani>

And some people eat Bolani:

[https://www.bbc.co.uk/food/recipes/bolani\\_afghan\\_stuffed\\_61232](https://www.bbc.co.uk/food/recipes/bolani_afghan_stuffed_61232)

More recipes:

[https://www.bbc.co.uk/food/collections/recipes\\_for\\_eid\\_al\\_adha](https://www.bbc.co.uk/food/collections/recipes_for_eid_al_adha)



## Eid Ul-Adha

### Moral

Eid Ul-Adha is known as the 'feast of the sacrifice' and celebrates the loyalty that Ibrahim showed Allah by offering his son as a sacrifice.

**What does loyalty mean to you?**

Discussion ideas:

<https://www.assemblies.org.uk/pri/3199/what-do-you-stand-for>

### Spiritual

Eid Ul-Adha (feast of the sacrifice) is an Islamic festival. Don't confuse it with Eid al-Fitr (festival of the breaking of the fast). Find out more here:

<https://www.bbc.co.uk/newsround/41124480>

Find out more about what Muslims believe:

<https://www.bbc.co.uk/bitesize/topics/zpdtbsbk/articles/zrxxgwx>