## Family Update

Family newsletters aim to bring you information about accessing community support groups, government advice and guidelines and opportunities for participating in online courses.

## The Incredible Years® Autistic Spectrum Disorder Groups for Parents

An 12 - 14 week group for parents of children aged 2 - 6 years who are on the Autistic Spectrum and/or with Language Delay. The aims are to:

- Increase children's social skills/relationships with others
- Increase children's emotional self-regulation
- · Increase the child's empathy skills
- · Decrease behaviour problems
- · Increase children's language development





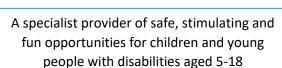
CAF support children, adolescents and families with a wide range of issues. The support they offer is person centred and tailored to individual needs. They support young people between 8-18 years old, actively involved in managing care, advocating for them and developing personalised care plans.

www.onside-advocacy.org.uk/cafpcn



## Special Families

Excellent play for children with disabilities







01905 520032

Wyre Forest: 01562 827207

admin.wyreforest@barnardos.org.uk Worcestershire: 01905 763333

mww.startingwellworcs.nhs.uk

The Starting Well Partnership supports parents, families, children and young people across Worcestershire. There are 2 family hubs within the Wyre Forest, Brookside Kidderminster and Half Crown Wood, Stourport.

The service will enhance the support available to children, young people and families across the county, providing help during antenatal, post birth, the early year's stages, and throughout school life and will be delivered across health building, community venues, including schools and Family Hubs (previously known as Children's Centres) in each of our local districts. The partnership will offer family and parenting groups supporting all aspects of physical and mental wellbeing for children, young people and their families.





Information, Advice and Support Service Herefordshire & Worcestershire

01905 768153

www.hwsendiass.co.uk/

sendiass@worcestershire.gov.uk

SENDIASS delivers free. confidential and impartial, accessible information, advice and support to parents and carers of children with a special educational need or disability and young people themselves between the ages of 0-25. In particular, the service aims to empower them, enabling children and Young People to their full potential throughout their educational life.





There are a number of parent support groups in Worcestershire, many cover all disabilities, some are disability specific, some operate in certain areas of the county and others are countywide.

The groups are run by either parent carers, local charities or national organisations and are a great way of meeting others in similar circumstances.



If you would like any additional support or information please contact Eleanor Hudson on <a href="mailto:ehudson@chadsgrove.worcs.sch.uk">ehudson@chadsgrove.worcs.sch.uk</a>