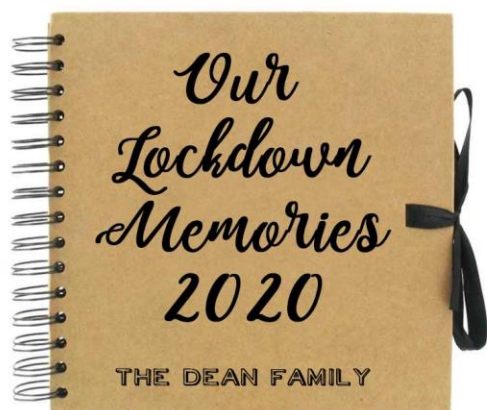


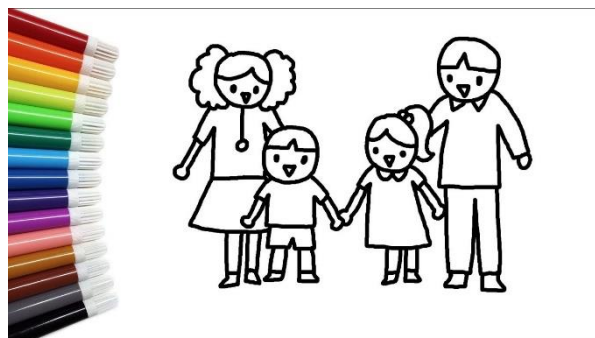
## My 'Lockdown memory box'

We thought it would be a lovely idea for you to create a memory box during your time at home. It can be very personal to you and the way you choose to do it is completely your choice. I will give you some ideas but don't be scared to get creative. When we return to school, it would be great to share these with your friends.

1. Find a box or scrapbook and decorate it.



2. Fill your box with drawings, paintings, letters and photographs. These could be of your family, the things you can see in your garden, or words describing how you felt at this time. This could be a daily or weekly activity depending on how full you want your box to be!



Examples-

**All About  
My Family**

By: \_\_\_\_\_

# HOW DO YOU FEEL TODAY?



**Happy**



**Sad**



**Angry**



**Tired**



**Scared**



**Excited**



**Shy**



**Embarrassed**



**Surprised**



**Disappointed**



**Jealous**



**Proud**