



## Anxiety Module

This module will provide delegates with an understanding of what we mean by anxiety, how it appears in autistic pupils, what the key triggers are and what delegates can do to support autistic pupils and prevent and reduce anxiety.

**2**  
Hours

### Who is this training for?

This session is suitable for practitioners working with autistic children in mainstream or specialist schools. This may include:

- Teachers
- Teaching assistants
- SENCOs
- Any practitioner needing to map the progress pupils

### What will you learn?

The training will support delegates to understand:

- How autistic pupils might express anxiety
- What can cause anxiety in autistic pupils
- What you can do to prevent and reduce anxiety in autistic pupils



Developed by  
leading autism  
specialists



Up to date  
with the latest  
research



Enhances  
your CPD



Free resources  
and frameworks  
linked to Ofsted



Optional  
certification

**Hub name** Chadsgrove School Support Services

**Date** Friday 10<sup>th</sup> January 2025

**Time** 2pm – 4pm

**Details** Chadsgrove School  
Meadow Road  
Catshill  
Bromsgrove  
B61 0JL



Cost  
**£65.00**  
per delegate  
Or 1 unit per  
delegate

**Book your training now:**

**Email us at** [aet@chadsgrove.worcs.sch.uk](mailto:aet@chadsgrove.worcs.sch.uk)

**Call us on** 01527 877262

